



its trips and a specific yoga and surf vacation in Puerto Rico. (Surfing is one of the top activities that women want to do, says Dez Bartelt, co-founder of Best of Both Women's Adventures.) Other combinations include yoga and snowboarding or yoga and wine tasting.

**EXPEDITION CRUISING:** Look for more people to take expedition cruises to Antarctica, the Galapagos and Alaska, says Carolyn Spencer Brown, editor-in-chief of **CruiseCritic.com**, three places that are hard to see without sailing there. The cruises, while less glitzy than big ship cruise lines, include lectures and presentations about the place. "On an expedition cruise, everything revolves really around what you see off the ship," says Brown. "On the big ship cruises, everything revolves around what happens on board and the ports are sort of an addendum."

**ROOTS VACATIONS:** With an increasing number of people swabbing their cheek to find their roots, some are taking it a step further and traveling to the places where their ancestors lived. Discover Natural Ancestry (amazingdna.com) not only provides DNA analysis and genealogy services, it puts people in touch with tour operators who plan the trip for them. "If they are breathing, then they have a genetic story hidden within them and we help them to discover and explore the unknown secrets about their heritage," says Yvonne Walker, marketing director for Discover Natural Ancestry.

**AFRICAN TRAVEL:** While the Kenya Tourist Board says the sporadic and isolated violence has calmed and tourists were never in danger (the situation was internal and occurred in places where tourists generally don't go), there has been a downturn in tourism in Kenya and some spillover to other countries in East Africa, says Wil Smith, director of Deeper Africa, a tour operator with trips to Kenya, Uganda and Tanzania.

"I believe the bounce back in the neighboring countries is going to be swift," he says. "I think it's probably going to take best scenario, six months for Kenya to recover."

When the region recovers, look for more people to go gorilla tracking in Uganda and Rwanda; visit Ethiopia, an emerging destination, and climb Mount Kilimanjaro in Tanzania, before the snow on its peak, which has been gradually receding, disappears.

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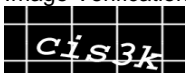
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