

Weather

11°F
Flurries
Forecast »

Sponsored by: Stellar Vision

Calendar

Find Events
Send Events
Movie Times

Jobs

careerbuilder

Search over 1.5 million better jobs!

Occupation Keywords:

find your new career Go

Career Tips and Tricks:

- How's your resume?
- Letter Center
- More career resources

Apartments

Rentals
Place Ad

Cars

cars.com
Find a Car
Sell a Car
Research

Homes

HOMES ONLINE
For Sale
New Homes

Dating

eHarmony
Find a date
Your profile

Shopping

shopLocal
On Sale
Local Coupons

Classifieds

classified central
Find Stuff
Place Ad

Wisinfo

Wisinfo
Gateway to
Wisconsin

Advertisement

Posted February 10, 2008

Print | Email | Comment

Move over, Mickey Mouse

Travel trends aim to excite with adventure, volunteer work

By MEGAN K. SCOTT
Associated Press

NEW YORK — Forget the tan, the Mickey Mouse photos and the cliché souvenirs.

These days, travelers want to experience something more than the gated resort and the cruise ship buffet. They want to go on a walking tour, climb a mountain and kayak down a river — adventures that can make a vacation more meaningful.

"In travel, people are increasingly seeking the authentic unique experiences that stretch the imagination and create potent memories that last a lifetime," says Chris Doyle, vice president of the Adventure Travel Trade Association. According to the organization, adventure travel is the fastest growing segment of the leisure travel industry.

Of course, adventure is in the eye of the traveler, and ranges from a walking tour to whitewater rafting. But because of that, it remains relatively unaffected by the weak dollar and economic downturn, says David Larkin, managing director of AdventureUs.com, a social networking and directory for adventure travelers.

Here, according to the experts, are some of the latest trends in adventure travel.

Girlfriend getaways

More women are leaving the men at home. More than 50 percent of adventure travelers are women and most fall between ages 41 and 60, according to a 2006 survey by the ATTA. "We used to think of active holidays for 20-somethings," says Evelyn Hannon, creator of journeywoman.com, an online travel resource for women. "Now it's not unheard of for 50- and 60-year-olds to be going kayaking, mountain climbing, surfing."

Volunteer vacations

Combining volunteerism with vacation continues to be a growing trend; Global Volunteers saw a 30 percent increase in participation last year, according to co-founder Michele Gran. Baby boomers still rule, she says, but the fastest growing demographic in the last 18 months has been people under age 20, more than likely baby boomers who bring their children with them.

Expeditionary travel

More people are helping researchers through the Earthwatch Institute, an international volunteer organization supporting science. Expeditions include surveying coral reefs on a remote Bahamian island or feeding and caring for cheetahs in Namibia. Most of the trips are two weeks, and no special training is required. (Exceptions may be trips that require scuba-



zoom

A herd of elephants walk in front of Mt. Kilimanjaro in Amboseli game park in Kenya in this May 2006 file photo. Associated Press Advertisement

Find more than 11,700 local home listings...

Northwestern HOMESCAPE
...all in one place!
CLICK HERE

On the Web

Looking for a vacation idea? Post about it in the WisMoms.com Vacations forum.

Advertisement



Advertisement

diving certification or a high fitness level). Other examples include conservation-minded tours to watch giant sea turtles lay their eggs in coastal areas of the southeastern U.S., Mexico and Costa Rica.

Charity travel

Think an extreme version of a walkathon. Venture Expeditions, a Christian-based organization, sponsors trips to raise awareness and funds for various organizations, such as biking through Thailand to raise money for an orphanage. Travelers pay for the trip and then make a minimum donation to the charity.

Action-packed vacations

Some people call action-packed vacations "The Bucket List" for the movie starring Jack Nicholson and Morgan Freeman, two terminally ill patients who want to complete a list of things to do before they kick the bucket. Ultimate 5 Lifetime Adventures packs five of what it calls the world's greatest adventures into one week: a military-developed Ropes Challenge Course, skydiving, Indy car racing, rappelling and piloting a primary combat trainer aircraft.

Family adventure vacations

Some families (including multigenerational) are forgoing theme parks and all-inclusive resorts for "more genuine nature-based, cultural, and education and learning excursions," says Doyle. He attributes this in part to baby boomers who have the means to travel "coupled with a strong interest in bonding more deeply with families." GordonsGuide.com, a Web site on adventure and active travel, says the top vacation requests are all family friendly — dude and guest ranches, houseboat rentals, whitewater rafting and horse pack trips and trail rides.

Soft adventure vacations

An increasing number of people are choosing a vacation that centers around a theme, such as a culinary tour in Asia or wine vacation in Israel. Yoga has also seeped into the mix. Best of Both Women's Adventures has yoga on all of its trips and a specific yoga and surf vacation in Puerto Rico. (Surfing is one of the top activities that women want to do, says Dez Bartelt, co-founder of Best of Both Women's Adventures.) Other combinations include yoga and snowboarding or yoga and wine tasting.

Expedition cruising

Look for more people to take expedition cruises to Antarctica, the Galapagos and Alaska, says Carolyn Spencer Brown, editor-in-chief of CruiseCritic.com, three places that are hard to see without sailing there. The cruises, while less glitzy than big ship cruise lines, include lectures and presentations about the place. "On an expedition cruise, everything revolves really around what you see off the ship," says Brown. "On the big ship cruises, everything revolves around what happens on board and the ports are sort of an addendum."

Roots vacations

With an increasing number of people swabbing their cheek to find their roots, some are taking it a step further and traveling to the places where their ancestors lived. Discover Natural Ancestry (amazingdna.com) not only provides DNA analysis and genealogy services, it puts people in touch with tour operators who plan the trip for them. "If they are breathing, then they have a genetic story hidden within them and we help them to discover and explore the unknown secrets about their heritage," says Yvonne Walker, marketing director for Discover Natural Ancestry.

African travel

While the Kenya Tourist Board says the sporadic and isolated violence has calmed and tourists were never in danger (the situation was internal and occurred in places where tourists generally don't go), there has been a downturn in tourism in Kenya and some spillover to other countries in East Africa, says Wil Smith, director of Deeper Africa, a tour operator with trips to Kenya, Uganda and Tanzania.

"I believe the bounce back in the neighboring countries is going to be swift," he says. "I think it's probably going to take best scenario, six months for Kenya to recover."

When the region recovers, look for more people to go gorilla tracking in Uganda and Rwanda; visit Ethiopia, an emerging destination, and climb Mount Kilimanjaro in Tanzania, before the snow on its peak, which has been gradually receding, disappears.

Story Chat

This article does not have any comments associated with it

[Add Comment](#)

Explore More

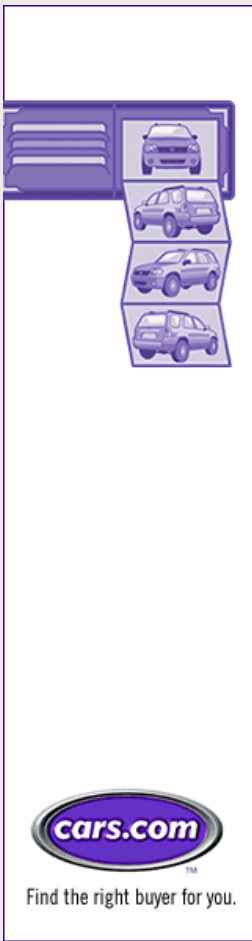
Special Sections

Community Snapshots: Multimedia








Special Reports

Sturgeon Season 2008

Things to Do



cars.com
Find the right buyer for you.

| | |
|---|---|
|  Sturgeon Season 2008 |  Today in School |
|  Oshkosh Visitors Guide |  Election 2008 |
|  Oshkosh schools: Big decisions on buildings, boundaries | All special reports » |
|  Oshkosh government at a crossroads | All magazines » |
|  Election 2008 | |

[All special sections »](#)
[All magazines »](#)

movie LISTINGS »

LOCAL events »

Feb 2008 >

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | | | | | 1 | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | |

[Add Your Own Event!](#)

Advertising Links

| | | | |
|----------------------|------------------------|------------------|-------------------------|
| Agriculture | Business Services | Finance | Shopping |
| Arts & Entertainment | Community & Recreation | Food & Dining | Sports & Recreation |
| Autos & Vehicles | Education | Health & Medical | Travel & Transportation |

Partners

[Jobs: CareerBuilder.com](#) | [Homes: Homescape.com](#) | [Cars: Cars.com](#) | [Apartments: Apartments.com](#) | [Shopping: ShopLocal.com](#)
[WFRV.com](#)

Contact us at **920-235-7700**. [thenorthwestern.com](#) is a Gannett Company website.
Use of this site signifies your agreement to the [Terms of Service and Privacy Policy](#), updated April 11, 2007.

[Weather](#) | [Calendar](#) | [Jobs](#) | [Cars](#) | [Apartments](#) | [Shopping](#) | [Classifieds](#) | [Dating](#) | [Subscribe](#) | [Contact Us](#) | [Search](#)

Company Links



[Appleton Post-Crescent](#) | [Fond du Lac Reporter](#) | [Green Bay Press-Gazette](#) | [Manitowoc Herald Times Reporter](#) | [Marshfield News Herald](#)
[Oshkosh Northwestern](#) | [Sheboygan Press](#) | [Stevens Point Journal](#) | [Wausau Daily Herald](#) | [Wisconsin Rapids Daily Tribune](#)
[Door County Advocate](#) | [Go Door County](#) | [Kewaunee County News](#) | [Oconto County Reporter](#) | [De Pere Journal](#)